



## Ready Made Meals to order Menu

Minimum of 5 meals

### Breakfast

Ham & Cheese omelette with baby spinach & a pork sausage  
Cheese & Chive omelette with baby spinach & a pork sausage  
Cheese & spinach omelette with baby spinach & a pork sausage  
Plain Omelette with baby spinach & a pork sausage  
Cheese & spinach impossible quiche with a pork sausage

### Lunch & or Dinner

Chicken catatore with rice  
Chicken Parmigiana with potatoes  
Chicken schnitzel with potatoes or mash  
Grilled Chicken with Veg  
Butter Chicken with rice  
Peri peri chicken with roasted pumpkin cous cous  
Mushroom chicken in cream sauce with rice  
Sweet Lamb Curry with rice  
Beef vindaloo with rice  
Beef stroganoff with rice, pasta or mash  
Honey soy beef stir fry with rice  
Lasagne  
Bangers & Mash  
Meatballs in sauce with rice or mash  
Chilli con carne with rice  
Burrito bowl  
Vietnamese Chicken or Pork bowl  
Nasi Goreng

Chicken Thai Green Curry with rice

Special fried rice

Gnocchi, penne or spaghetti in a range of different sauces

Roast Lamb, beef or pork with mash & veg

Pie with mash (minimum order of 4)